



Rose Riot

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**Volume 2:
Everyday Heroes**

Dear Reader,

Thank you so much for picking up Volume 2 of Rose Riot! The support for our first issue was overwhelming. We want to send out a special thank the Toronto Zine Library for hosting our very first issue online in their amazing collection of independent zines. Check them out at: <https://www.torontozinelibrary.org>

This issue is inspired by our everyday heroes: the people that make your day just by being in our lives. Our parents, siblings, pets, friends, and the people we look up to who inspire us to be better and kinder humans.

Our second issue goes out to all of them. We also want to say happy birthday to Rose Riots bestie, Lulu, who tells us all about their recent experiences of "Turning 12".

Lots of love,
Rose Riot

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TURNING 12



This week, Rose Riot sits down with best friend of the zine, Lulu to talk all about their time as an 11-year old, turning 12, their experience with moving cities, and what they hope for this next chapter of their life.

TURNING 12

During a quiet Thursday night, Rose Riot sat down with none other than our bestie Lulu. We asked them all about turning 12 their hopes for the rest of this year and who their personal hero is.



Rose Riot: Hi Lulu! Thanks so much for taking the time to chat with us on this fine evening. In honor of our theme "Everyday Heroes," we want to know: who is your personal hero?

Lulu: I think my personal hero would be my brother, because he's very confident in himself, which is something I tend to lack. He's also great at everything, (they start to laugh) which makes me kind of jealous because I'm not good at a lot. He's also always there for me no matter what.

TURNING 12

The next big thing that's been happening in Lulu's life is their recent move, so we decided to ask them a little bit about their journey on starting a new chapter, even if the page is hard to turn.



Rose Riot: So with your recent move out of the way, would you say it's harder to move than most people think?

Lulu: "Yea, especially when you're moving away from your loved ones."

One of Lulus biggest supporters when moving was her cat Millie.

Lulu: "I love watching scary movies when my cats right beside me because it makes me feel comforted because she's always there for me."

TURNING 12

We closed off the interview by asking them what advice they have for someone about to turn 11.

Lulu: "I think being yourself is key, you're gonna start to figure yourself out more and I think remembering to not be so hard on yourself is crucial."

Who is Your Everyday Hero?

We asked readers to tell us who their everyday heroes are. Check out their answers below!



"My brother Duncan." - Lulu, 12

"Lebron James, because he inspires me to play basketball." - Teo, 11



"Lizzo." - Ada, 11

"My brother Nico because he's always there for me" - Jovie, 11



"Steve Harrington." - J.P., 11

"Just kidding... I really like Hirohiko Araki. He's a good artist and I look up to him because I really want to be able to draw like him. " - J.P., 11



"My dog because she always gives me kisses when I am sad." - Nancy, 14



"This sketch is for Rose Riot-- my everyday hero. Thank you for making this content for kids like me. I love your zine and I can't wait to see what else you cover." - Ranger, 13

Crystals of the Month

By Jovie C.

These four crystals are inspired by finding the hero within us all. Check out our crystal recommendations for the end of summer.



Tiger's Eye

If you're looking for your next crystal this might be the one for you, tigers eye has properties of protection and warding off negative energy. Tigers eye also helps to grow confidence and courage.

Selenite

Selenite is the perfect stone for promoting a calm and peaceful space while blocking negative energy. One of my personal favorite properties this crystal carries is its ability enhance the power of any manifestation.



Blue Aventurine

Blue Aventurine is one of my personal favorites for a few different reasons, one of them being the healing effects that this stone brings with it. Some of the healing properties of this stone include the ability to ease headaches and migraines, and its way of calming hyperactivity.



Amethyst

Amethyst is quite a beautiful crystal and so are all of its gorgeous properties. One of the many great things about Amethyst is its way of improving skins appearance and enhancing the immune system. Amethyst is for sure a more popular crystal but who's to say it's not rightfully so?

Mushy For Mushies

While some of us hate mushrooms, some of us just can't live without them. Sure, you've heard of cremini mushrooms and shiitakes, but have you ever heard of Black Trumpets or Beech mushrooms? Check out these freaky funghi that you can add to your diet.



Beech Mushrooms

One of the fanciest funghis out there, the beech mushroom is known for tasting nutty and sweet. Try them out to add niacin, rioboflavin, thiamine to your diet!

Vieled lady Mushroom

These mushrooms are most commonly found in Cooktown Australia, but can also be found in tropical places all around the world from the Amazon to Southern China.



Chicken of the Woods

This is one of the easiest and safest mushrooms to forage... and fortunately it's delicious! Its ripply exterior makes it easy to correctly identify. Look for it while hiking! You'll usually see them on decomposing trees or stumps. They taste... kinda like chicken! And they have a bright lemon flavour too.
Delicious.



Black Trumpet

Uhhhhh.... this mushroom is also known as "horn of death." Fortunately eating them isn't spooky as they taste surprisingly fruity and earthy. Find them growing on oak trees from July-October.



Lion's Mane

You're going to hear this mushroom ROAR! (Katy Perry reference anyone?) The Lion's Mane mushroom looks like a cascading waterfall. They tend to grow on dead oak trees (what is it with fungi and dead stuff?!) These ferocious mushrooms don't taste like any big jungle cats. They're known for tasting like crab! They are super nutritious and have been used in herbal medicine for like forever.



Call for Submissions:

Rose Riot Volume 3: Nature And How We Can Preserve It

What is the theme for the next issue?

We all love nature and we think it's important to talk about the ways we can help fight against climate change and work towards a sustainable future. Tell us about what you're doing to preserve nature in your area. We also encourage any fall or Halloween content, too! Spooky season is upon us!

What kind of things could I submit?

We accept all kinds of submissions! You might want to express yourself through a drawing or collage or a story about your favorite aspects of nature or your personal ideas on environmental activism. See a list of more ideas on the next page.

Who can submit?

Rose Riot highlights the voices, stories, and art, of people from all backgrounds and all identities. Any kid age 10+ can submit their work for consideration.

When is the deadline to submit?

The deadline to submit is November 1, 2022.

Where can I submit my work to?

Please send all submissions to
roseriotsubmissions@gmail.com

Call for Submissions:

Rose Riot Volume 3:1

Submission Ideas:

Artwork:

- Photography
- Typography
- Collage (analogue or digital)
- Digital art
- Paintings
- Sketch, or any other kind of art we can show in the zine [i.e. on paper]!
- No video submissions please)

Writing:

- Short stories (fiction or nonfiction)
- Essays
- Personal stories
- Interviews
- Poetry

Have another idea for Rose Riot? Send us an email of your idea for consideration! We're always open to creative ways to share stories, art, and activism.

